

LINKS

101-327 3rd St. W. Brooks AB T1R 0E7
Community Cultural Centre
403-501-5556
linksnewcomerservices@spec.ab.ca



International Cooking – If you're interested in trying new foods, eating healthier, saving time and money. Come cook up delicious meals with us and share with your family, friends and children at home. This will increase your confidence in the kitchen and grocery shopping.

Date: November 25th @ 1:30-3

"Big Talk" – Come and learn about everyday information you should know about living in Canada. Understand housing, money, education, transportation, and health care. This group will help build your vocabulary and gain new friendships. The group will meet at SPEC. Child care provided.

Date: November 28th @ 1:30-3

"Small Talk"--Little or no English. . . Let's learn English the fun way! Join us as we practice speaking English for free! Child Care is provided

Date: November 17th @ 1:30-3

Men in Transition- Our goal is to develop and strengthen character, and self esteem through fun learning activities and support. If you are interested please contact Isaac Harms @ 403-501-5556

Date: November 17th @ 7-9pm

COMPUTER BUDDIES- A one-on-one program working with individual needs on the computer.

- Do you need help with setting up an email?
- Would you like to know how to use WORD?
- Do you have other questions?

We can help. Please set up an appointment to work with an expert!

Ladies Link- A support group for ladies that need to get out of the house and make friends and connections in Brooks. This group is available for both Permanent Residents and Canadian citizens. Child care is provided for moms, who bring their own children under 5.

Date: November 15th & 29th @ 1:30-3

Disability Support Group- Is a group meant for parents with children with disabilities. We meet once a month and have presenters speak on relevant issues our children and their families are facing. Stop in from 7:00-9:00 pm at the community Cultural center in room 207.

Brooks Campus – Medicine Hat College

Come meet an advisor and see what Medicine Hat College Brooks Campus can do for you.

We will be holding funding and information sessions on the following dates and times in the SPEC boardroom. Everyone is welcome, bring your questions.

There will be a presentation on Alberta Works funding and an opportunity to ask questions about programs and courses including: ESL, upgrading, LPN, health care aide, pre-employment trades, office technology, and university transfer.

WHEN: Wed, Nov 2 nd	1:30-2:30
Wed, Nov 9 th	1:30-2:30
Wed, Nov 16 th	1:30-2:30, 6:00-7:00
Wed, Nov 23 rd	1:30-2:30
Wed, Nov 30 th	1:30-2:30, 6:00-7:00

WHERE: The SPEC Association for Children & Families
Community Cultural Centre, Room 207
327 – 3rd Street West
Brooks, AB

WHO to contact for more information: Jennifer Arthur for more information at (403) 362-1686

SPEC
SUPPORT • PREVENT • EDUCATE • COUNSEL

NOVEMBER LINKS



CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Brooks campus presentation 130-230	3 Computer buddies	4	5
6	7	8	9 Brooks campus presentation 130-230	10 Computer buddies	11 STAT HOLIDAY	12
13	14	15 Ladies link 1:30-3	16 Brooks campus presentation 130-230 & 6-7	17 Small Talk 130-3 Men in transition 7-9	18	19
20	21 Disability Support Group 7-9	22	23 Brooks campus presentation 130-230	24 Computer buddies	25 International cooking 130-3	26
27	28 Big Talk 130-3	29 Ladies link 1:30-3 LINKS team meeting 10- 12	30 Brooks campus presentation 130-230 & 6-7			

Funded by:



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Alberta Children and
Youth Services

Helping build successful families since 1978.